Butte Group Events **JULY 2025**

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			ן Open hours: 12:30-1:30pm	2	3 Unraveling Obstacles 9:30, 10:30,11:30am Open hours: 12:30-1:00pm Living Well Class: 1:00-2:30pm	4 Office Closed	5 *MS Support Group: Noon at Perkins
A MIL	6	7 *Summer Fun: 10am DnD: 12:00-2:00pm	8 Unraveling Obstacles 9:30, 10:30,11:30am Open hours: 12:30-1:30pm	9 *Summer Fun: 11-12:30am	10 ADA Picnic Stodden Park Pavilion 11-1pm	11	12
N A	13	14 *Summer Fun: 10am DnD: 12:00-2:00pm	15 Unraveling Obstacles 9:30, 10:30,11:30am Open hours: 12:30-1:30pm *Disability Action Network: 2:30pm	16	17 Unraveling Obstacles: 9:30, 10:30,11:30am *Summer Fun: 11:00am-12:30pm Open hours: 12:30-1:00pm Living Well Class: 1:00-2:30pm	18	19
Why I	20	2] DnD: 12:00-2:00pm	22 Unraveling Obstacles 9:30, 10:30,11:30am Open hours: 12:30-1:30pm	23	24 Unraveling Obstacles 9:30, 10:30,11:30am Open hours: 12:30-1:00pm Living Well Class: 1:00-2:30pm	25	26
(A)	27	28 *Summer Fun: 10am DnD: 12:00-2:00pm	29 Unraveling Obstacles 9:30, 10:30,11:30am Open hours: 12:30-1:30pm	30	31 Unraveling Obstacles 9:30, 10:30,11:30am Open hours: 12:30-1:00pm Living Well Class: 1:00-2:30pm	contact our office at 4	available to participate via 2 06.782.4834 to be sent the li site. Check back for address

Zoom, ink.

Group Descriptions: All groups meet at the Ability Montana Office (820 W. Platinum, Butte) unless otherwise stated. Questions? Please call 406-782-4834.

The Montana Tech bus stops across the street from the Butte Office at :24 each hour.

ADA Picnic: *Thursday, July 10th from 11:00-1:00pm:* Join us for our annual celebration of the passing of the ADA. Free lunch from the Dishability Food Truck and Vendor Fair. Please RSVP at 406-782-4834.

Butte Disability Action Network: *Tuesday, July 15th from 2:00-3:30pm:*

Community group focused on accessibility and inclusivity in Butte. Meets in person and via **Zoom.**

DnD: *Mondays from 12:00-2:00pm:* We have had interest in starting a new, beginner level Dungeons and Dragons campaign! Join us on Mondays for a fun time to learn the game and meet new people. All supplies and light snacks provided.

Living Well Class: *Every Thursday from 1:00-2:30pm:* Living Well with a Disability is a 10-week workshop that will help you set goals and build independent living skills. We will celebrate the end of class with a river rafting trip at Camp Bullwheel. Sign up at 406-410-1464.

MS Support: *First Saturday from 12:00-1:00pm at Perkins:* The Multiple Sclerosis Support group is for anyone living with or affected by MS. Participants exchange tips and information, talk about challenges, learn new coping strategies and find access to local resources.

Open Hours: *Mondays from 12:00-2:00pm; Tuesdays from 12:30-1:30pm and Thursdays from 12:30-2:30pm:* Everyone is welcome to come to our office during open hours to have access to craft supplies, games, puzzles, books, and more. Create and play on your own or with other peers in the room.

Summer Fun: Rotating outdoor crafts and activities to make the most of our beautiful Montana weather. 7/7/25: Walk & Roll Group at Stodden Park at 10am. 7/9/25: Rock Painting at Clark Park at 11am. 7/14/25: Vase Sculpting at Stodden Park at 10am. 7/17/25: Journaling st Clark Park at 11am. 7/28/25: Pot Painting at Stodden Park at 10am.

Unraveling Obstacles Workshops: *Tuesdays & Thursdays: 9:30am Transfers, 10:30am Strong Stable Safe, 11:00am Living with Low Vision* Occupational therapist, Dr. Janna Sherrill, instructs three different workshops for aging in place for people 65+. Can be covered by Medicaid and Medicare with physician approval. Visit **UnravelingObstacles.com** for information and to RSVP for one or all classes.